

HOUSE JOINT RESOLUTION 329

By Williams R

A RESOLUTION to honor and commend Rich Froning for his success in CrossFit athletics.

WHEREAS, this General Assembly takes great pleasure in recognizing those Tennesseans who have excelled in athletic competition; and

WHEREAS, Cookeville resident Rich Froning is one such gifted athlete who has reached the pinnacle of his sport; and

WHEREAS, Rich Froning successfully defended his title as the Fittest Man on Earth by finishing first in the 2012 CrossFit Games, thus becoming the first man to ever win the Games twice and cementing his status as the best CrossFit athlete in the world; and

WHEREAS, a natural born athlete, Rich played varsity baseball at Cookeville High School from 2001-2005 and was twice selected All-District and All-Region for his prowess as a second baseman; and

WHEREAS, a young man with a well developed sense of civic responsibility, Rich declined two college baseball scholarships in order to work at the Cookeville Fire Department while attending Tennessee Tech; and

WHEREAS, he found his passion for competitive training in 2009 and then went on to forge a formidable reputation as one of the biggest stars in the sport; and

WHEREAS, after winning the sectionals and regionals in 2010, Rich entered the public consciousness with a splash courtesy of a dramatic second-place finish at the CrossFit Games; and

WHEREAS, in 2011, Rich bested fierce competition in the men's individual finals to emerge triumphant and claim the title of Fittest Man on Earth for the first time; and

WHEREAS, Rich Froning is impacting the health and wellness of the community and region at large by serving as a role model to people of all ages and promoting the importance of proper nutrition and physical activity; and

WHEREAS, in an entrepreneurial effort, Rich Froning established CrossFit Mayhem in 2012, serving as one of the largest and fastest growing CrossFit affiliates in the State of Tennessee; and

WHEREAS, Rich Froning has garnered national and international media attention, not only for his hometown of Cookeville, but also for the entire State of Tennessee; serving as a shining example of the values, determination, and hard work that Tennesseans are known for; and

WHEREAS, Rich Froning made history by winning the CrossFit Games and is now impacting his community as a fitness leader, and he should be honored for this incredible achievement; now, therefore,

BE IT RESOLVED BY THE HOUSE OF REPRESENTATIVES OF THE ONE HUNDRED EIGHTH GENERAL ASSEMBLY OF THE STATE OF TENNESSEE, THE SENATE CONCURRING, that we hereby recognize Rich Froning as a stellar athlete and commend his efforts to improve the health and fitness levels of his fellow citizens.

BE IT FURTHER RESOLVED, that an appropriate copy of this resolution be prepared for presentation with this final clause omitted from such copy.